



Turtle Island Preserve Camping Experience

WHAT TO BRING

please label everything you pack so it is easily identifiable to you & our staff

- * A **WILLINGNESS** to try new things: Be ready to see the world through a different perspective, to accept unusual challenges like using a bathroom outdoors or bathing in a stream.
- * **Clothes**: Bring changes of clothes to cover the length of time you will be camping, with a change of socks for each day. Socks and shoes may get wet in creek crossings and clothes may get wet in rain. Bring clothes that can get dirty. Prepare to dress in layers, to accommodate the increase and decrease of temperatures throughout the day and night. **bring a bathing suit and towel in the event of swimming or sauna**
- * **Comfortable Walking Shoes/Boots**: NOT NEW or poorly fitting shoes that will cause blisters. Extra pairs are appropriate, as some may get wet. Sandals that can get wet (with heel strap) are strongly recommended. Sturdy mud/hiking boots are very convenient on hikes & around the barn. Close-toed shoes are required during blacksmithing.
- * **Raincoat**: A sturdy one, not a cheap, thin, disposable one, or a rain-*repellant* or water-*resistant* jacket. It must be **rain-proof** so that water doesn't go through or absorb into the material. Rain-pants & rain-hat are optional.
- * **Nesting Gear - 1.)Sleeping Bag 2.)Pillow 3.)Sleeping Pad 4.)Sheet 5.)Ground Cloth**: A ground cloth is a piece of plastic or waterproof material to sleep on; an old shower curtain or small tarp serves well for this. You will definitely need it and it will keep you warm and dry.
- * **Flashlight**: One or two small flashlights are a good idea in addition to extra batteries. Headlamps are also a nice convenience, but are not required.
- * **Toiletries**: Simple kit such as: soap, shampoo, oral hygiene materials, feminine supply, towel, empty plastic bag to pack out any trash you might generate. Please limit jewelry. *ear plugs may help you sleep.
- * **Medication**: Bring any special (such as prescription or extra contact lenses/saline) medical provisions you may require. Please note these on your medical form and notify Turtle Island Staff of any pre-existing conditions. *An eyeglass cleaning kit is always nice to bring if you wear glasses.
- * 1.)**Pack, Duffel or sturdy container** :To carry your materials into camp. **Bring a plastic cover/large sturdy trash bag for this item** in the event of rain and to keep clean during transportation in the gear truck.
2.) **Daily-use Backpack**: A small day-pack is necessary to carry your water bottle, raingear, flashlight and things you collect and gather as you travel throughout the day on the Preserve. ** Also very useful is a durable plastic bag to store wet items.

Eating utensils: Plate, bowl, spoon, fork & cup/mug. Please, **DO NOT BUY** new or disposable utensils for this; regular old home utensils are fine.

- * **Canteen or water vessel**: even an empty plastic milk or juice container with lid, is fine.
- * **Optional**: Pocketknife, camera, journal, musical instrument, insect repellent.

WHAT NOT TO BRING

The What-to-Bring list is simple, but inclusive. Do not bring more than what is included on that list.

- * Please DO NOT bring gadgets that keep you tied into the modern world. Examples include: cell phones, MP3-players, video games, radios, watches, perfumes/colognes, disposable items, antibacterial gels/wipes.
- * Do not bring any food into your camping area. Examples: gum, candy, breath-freshener strips, snacks, and drinks. Smoking is limited to the parking lot.
* **Do not bring any illegal or harmful substances or practices.**