

Turtle Island Preserve Camping Experience



WHAT TO BRING

please label everything you pack so it is easily identifiable to you & our staff



- * A **WILLINGNESS** to try new things: Be ready to see the world through a different perspective, to accept unusual challenges like using a bathroom outdoors or bathing in a stream.
- * **Clothes**: Bring changes of clothes to cover the length of time you will be camping, with a change of socks for each day. Socks and shoes may get wet in creek crossings. Clothes may get wet in rain. Bring clothes that can get dirty. Prepare to dress in layers, to accommodate the increase and decrease of temperatures throughout the day and night. **bring a bathing suit and towel in the event of swimming or sauna** Bring at least 2 Long sleeve jackets and 2 pair of long pants.
- * **Comfortable Walking Shoes/Boots**: NOT NEW or poorly fitting shoes that will cause blisters. Extra pairs are appropriate, as some may get wet. A minimum of 2 pairs of shoes are required. Sturdy mud or insulated hiking boots are very convenient on hikes & around the barn and work areas. Closed shoes are required for blacksmithing. (no keens/sandals)
- * **Raincoat**: Mandatory. A sturdy one, not a cheap, thin, disposable one, or a rain-*repellant* or water-*resistant* jacket. It must be **rain proof** so that water doesn't go through or absorb into the material. Rain-pants & rain-hat are optional.
- * **Nesting Gear - 1.)Sleeping Bag 2.)Pillow 3.)Sleeping Pad 4.)Sheet 5.)Ground Cloth**: A ground cloth is a piece of plastic or waterproof material to sleep on; an old shower curtain or small tarp serves well for this. You will definitely need it and it will keep you warm and dry. Bags are rated for temperature, bring extra blankets to stay truly warm.
- * **Eating Utensils**: Plate, bowl, spoon, fork, cup and mug for hot liquids. Please, **do not buy** special utensils for this; regular old utensils from home are fine.
- * **Flashlight**: One or two small flashlights are a good idea in addition to extra batteries. Headlamps are also a nice convenience, but are not required.
- * **Toiletries**: Simple kit such as: soap, shampoo, oral hygiene materials, towel, wash-cloth, feminine supply, an empty plastic bag to pack out any trash you generate. Please limit jewelry. *Ear plugs may help you sleep.
- * **Medication**: Bring any special (such as prescription or extra contact lenses/saline) medical provisions you may require. Please note these on your medical form and notify Turtle Island Staff of any pre-existing conditions. *An eyeglass cleaning kit is always nice to bring if you wear glasses.
- * **PACKS**: 1.)Duffel or sturdy tub and 2.)daily-use backpack: 1.) To carry your materials into camp. It is good to have a plastic cover for this item in the event of rain. 2.) A small day-pack is necessary to carry your water bottle, raingear, flashlight and things you collect and gather as you travel throughout the day on the Preserve. ** Bring a durable plastic bag to store wet items, and a rain-cover for your duffel bags/backpack.
- * **Canteen or water vessel**: Very Important! Even an empty plastic milk or juice container with tight fitting lid, is fine.
- * **Optional**: Pocketknife, camera, journal, musical instrument, insect repellent, sunscreen, sunglasses.

WHAT NOT TO BRING

The What-to-Bring list is simple, but inclusive. Do not bring more than what is included on that list.

- * Please DO NOT bring gadgets that keep you tied into the modern world. Examples include: cell phones, MP3-players, video games, radios, watches, perfumes/colognes, disposable items, antibacterial gels/wipes.
- * Do not bring any food into your camping area. Examples: gum, candy, breath-freshener strips, snacks, and drinks. Smoking or the use of tobacco products is strictly prohibited in base camp and limited to the parking lot.

*** Do not bring any illegal or harmful substances or practices.**