



Turtle Island Preserve Work Service Camping Experience

WHAT TO BRING WITH YOU

(You WILL need everything on this list)

- * A **WILLINGNESS** to try new things: Be ready to see the world through a different perspective, to accept unusual challenges like using a bathroom outdoors, bathing in a stream or working as a team.
- * **Clothes:** Bring changes of clothes to cover the length of time you will be camping, with a change of socks for each day. Socks and shoes may get wet in creek crossings and clothes may get wet in rain. **Bring clothes that can get dirty.** (A sturdy coat, hat, and work-gloves will be very useful) Prepare to dress in layers, to accommodate the increase and decrease of temperatures throughout the day and night. **optional: bathing suit and towel in the event of swimming or bathing**
- * **Comfortable Walking Shoes/Boots:** Work-Boots or a few pairs of sneakers. Your foot wear will get wet and muddy here. Sturdy waterproof mud/hiking boots are recommended October - May.
- * **Raincoat:** A sturdy one, not a cheap, thin, disposable poncho, or a rain-repellant or water resistant jacket. It must be rain-proof so that water doesn't go through or absorb into the material. Rain-pants & hat are optional.
- * **Nesting Gear:** 1.) Sleeping Bag 2.) Pillow 3.) Sleeping Pad 4.) Ground Cloth: For the cold months from October through April, make sure you have an **extra-warm** sleeping bag and extra blankets to keep you truly comfortable. (bags are often rated by temperature) A ground cloth is a piece of plastic or waterproof material to sleep on; (like a tarp) an old shower curtain also serves well for this. You will definitely need it and it will keep you warm and dry.
- * **Eating Utensils:** Plate, bowl, spoon, fork & mug for hot liquids. Please **do not buy** special utensils and please don't bring disposable ones. Regular ol' home utensils are fine.
- * **Flashlight:** One or two small flashlights with extra batteries are so crucial. Headlamps are also a nice convenience, but are not required.
- * **Toiletries:** Simple kit such as: soap, shampoo, oral hygiene materials, feminine supply, towel, wash-cloth, empty plastic bag to pack out any trash you might generate. * Please limit jewelry.
- * **Medication:** Bring any special (such as contact lenses or prescription) medical provisions you may require. Please note these on your medical form and notify your school, organization, and Turtle Island Staff.
- * **Pack, Duffel or sturdy container:** To carry your materials into camp. It is good to have a plastic cover for this item in the event of rain. Bring a plastic bag to cover your pillow and gear or to store wet items.
- * **Daypack:** a typical backpack/book-bag is extremely useful to carry your daily use items as you move about the preserve, in and out of different vehicles and to the various job-sites.
- * **Canteen or water vessel:** even a reused empty plastic container with lid is fine. Stay hydrated and drink up!
- * **Optional:** Pocketknife, camera, journal, musical instrument, eye-glass cleaning kit.

WHAT TO LEAVE AT HOME

The What-to-Bring list is simple, but inclusive. Do not bring more than what is included on the above list.

- * Please DO NOT bring gadgets that keep you tied into the modern world. Examples include: cell phones, laptops, MP3-players, video games, radios, watches, perfumes/colognes, disposable items, antibacterial gels/wipes.
 - * Do not bring any food into your cabin. Examples: gum, candy, breath-freshener strips, snacks, and drinks. NO edible materials at all. This important policy keeps marauding animals out of areas designated for people.
- * **Do not bring any alcohol, illegal or harmful substances or practices.**